



# Top 10 Hydrating Fruit and Veg



96%  
water



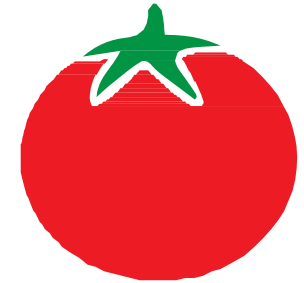
96%  
water



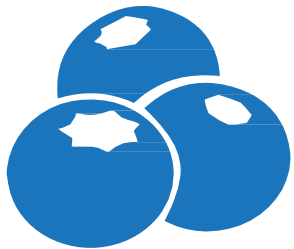
95%  
water



95%  
water



94%  
water



95%  
water



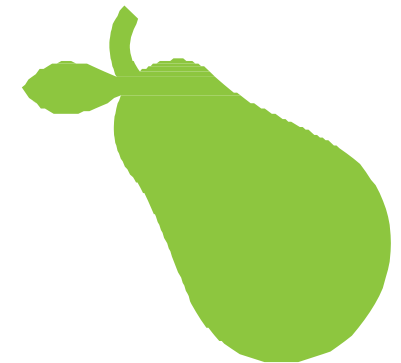
95%  
water



92%  
water



90%  
water



89%  
water