

# Shropshire , Telford and Wrekin Midwife Led Unit (MLU) Review : Proposed Service model

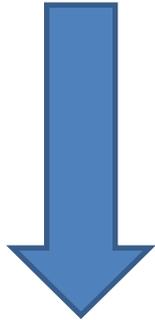
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Shropshire CCG

Shropshire CCG Governing Body  
13 December 2017

# Designing the service: The process

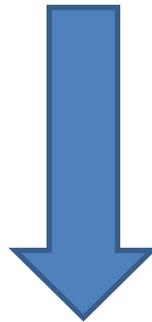
## Phase 1

Analysing existing  
information



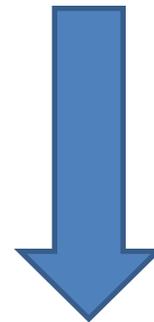
## Phase 2

Gathering new  
information



## Phase 3

Co-design  
workshops



**Proposed Service Model**

# Proposed service model: Pre-pregnancy

Outside the direct scope of the review, but included for completeness and will be passed on to the Local Maternity System for action:

- Improved information about the importance of good health during pregnancy
- Improved information sharing between professionals
- Services to improve the health of women (mental and physical) before pregnancy

# Proposed service model: Pregnancy

- At least 5 maternity hubs across the county which will be available for at least 12 hours a day for planned midwifery led care.
- It is proposed that there will be at least one maternity hub in at least each of the following areas: Telford, Shrewsbury, Bridgnorth, Ludlow, Oswestry.
- Access to advice and support from a midwife 24/7. This will include an excellent triage service available 24/7 for women to ring when they think they're in labour to help to ensure that they get to their chosen place of birth on time.

# Proposed service model: Pregnancy

It is proposed that the same types of service are available at each maternity hub, including:

- Antenatal care from a midwife and support from women's services assistants
- Planned antenatal appointments with an obstetrician
- Scanning and fetal monitoring
- Antenatal day assessment, including CTG (where baby's heart rate and movements are monitored)
- Support with emotional wellbeing and mental health
- Support with long term conditions during pregnancy
- Healthy lifestyle services including smoking cessation and weight management services
- Information and advice about pregnancy and parenthood
- Information and advice about birth options
- Peer support

# Proposed service model: Pregnancy

Other features of this part of the model include:

- The development of a 'becoming a family' plan
- Receive care that plans for women to give birth in a midwife led setting
- Women get to know the place where they plan to give birth and meet the midwives who are likely to deliver their baby
- Staff work within a team with a mix of skills
- Women will not need to make a decision about where they plan to give birth until later on in pregnancy
- Women have a say and feel fully involved in making decisions about their care, including when unexpected things happen
- Women and staff have up to date information electronically
- Women and staff have a say in decisions about the service, including service improvements.

# Proposed service model: Birth

- Full range of birth settings to choose from (Consultant led unit, Alongside Midwife Led Unit, Freestanding Midwife Led Unit and Home Birth).
- Births within Shropshire to be available at:
  - Consultant led Unit at Princess Royal Hospital
  - Alongside midwife led unit at Princess Royal Hospital
  - Freestanding midwife led unit at Royal Shrewsbury Hospital
  - Home Birth
- The choice of birth settings will include places over the Shropshire border, which may be more convenient for those living on the edges of the county.

# Proposed service model: Birth

Other features of this part of the model include:

- The MLUs in Telford and Shrewsbury may also act as the maternity hubs for antenatal and postnatal care.
- Women have a say and feel fully involved in making decisions about their care, including when unexpected things happen.
- Women and staff have up to date information electronically.
- Women and staff have a say in decisions about the service, including service improvements.

# Proposed service model: Birth

This proposed model is designed to increase the number of midwife-led births by:

- Over time, improving the health of women during pregnancy.
- Changing pathways in antenatal care so that all women receive care that plans for a midwife led birth, unless this won't be safe for the woman or her baby, or she chooses consultant led care for another reason.
- Enabling women during pregnancy to get familiar with the midwife led units and the staff who work there.
- Enabling women to make a decision about their preferred place of birth later in pregnancy.
- Moving the alongside midwifery led unit closer to the consultant led unit in order for a different level of risk to be safely managed.

# Proposed service model: Postnatal

- Community midwives and women's support assistants available 24/7.
- At least 5 maternity hubs across the county which will be available for at least 12 hours a day for planned midwifery led care.
- It is proposed that there will be at least one maternity hub in at least each of the following areas: Telford, Shrewsbury, Bridgnorth, Ludlow, Oswestry.
- Inpatient postnatal stay available on Princess Royal Hospital postnatal ward for women who need it.

# Proposed service model: Postnatal

It is proposed that the same types of service are available at each maternity hub, including:

- Postnatal care from a midwife
- Support and advice from women's services assistants with regards to baby care
- Newborn checks and screening
- Drop-in service or planned access during a 12 hour period
- A space for women and their families to reflect on the birth experience
- Support with emotional wellbeing and mental health
- Support with confidence building and bonding
- Support with feeding
- Support with long term conditions postnatally
- Healthy lifestyle services
- Information and advice about parenthood including postnatal groups, infant feeding, baby care and life skills such as budgeting and cooking
- Peer support

# Proposed service model: Postnatal

Other features of this part of the model include:

- Staff work within a team with a mix of skills.
- Women have a say and feel fully involved in making decisions about their care, including when unexpected things happen.
- Women and staff have up to date information electronically.
- Women and staff have a say in decisions about the service, including service improvements.

# Next steps for the review

Proposed model to be presented to CCG Boards seeking approval to go out to consultation.

Shropshire CCG Board 13<sup>th</sup> December 2017

Telford and Wrekin CCG Board 9<sup>th</sup> January 2018

**Dr Jessica Sokolov**

Clinical Director Women and Children Services and Vice  
Clinical Chair